

SECOND SEMESTER EIGHTH GRADE HEALTH TEST

Name _____ Date _____

PART I

MATCHING: From the definitions in group B choose the correct definition for each of the terms in group A and place the letter of your choice in front of the term it defines.

- | <u>Group A</u> | <u>Group B</u> |
|------------------|--|
| 1- bacteria | a- the science that studies and explains the structure of the body. |
| 2- caffeine | b- the legs attach to this |
| 3- dermis | c- the colored part of the eye |
| 4- abdomen | d- a poison secreted by a plant or animal |
| 5- hydrophobia | e- tiny one-celled plants |
| 6- coagulate | f- the windpipe branches into this |
| 7- iris | g- the outer layer of the skin |
| 8- artery | h- a tiny plant or animal that may be seen only with a microscope |
| 9- microbe | i- the inner layer of the skin |
| 10-opium | j- the thighbone |
| 11-Louis Pasteur | k- the drug found in coffee and tea |
| 12-femur | l- often called rabies |
| 13-protoplasm | m- substance that acts like disease germs and causes many diseases such as the common cold |
| 14-toxin | n- the cavity of the body containing the stomach |
| 15-anatomy | o- this scientist proved that germs were the cause of disease |
| 16-diaphragm | p- the voice-box |
| 17-pelvis | q- separates the chest cavity from the abdomen |
| 18-virus | r- the living substance in all cells |
| 19-nucleus | s- to clot, such as blood |
| 20-epidermis | t- the center of all cells |
| 21-capillary | u- the smallest of the blood vessels |
| 22-aorta | v- main artery of the body |
| 23-Joseph Lister | w- carry blood from the heart |
| 24-larynx | x- surgeon who discovered the value of sterilizing surgical instruments |
| 25-bronchi | y- a drug obtained from the poppy |

PART II

TRUE OR FALSE: If the statement is true write true in the blank provided. If the statement is false write false in the blank provided.

- _____ 1- Physical defects and weak bodies often may be overcome by perseverance and determination.
- _____ 2- Our mental self is not affected by our physical condition.
- _____ 3- Alcohol increases the ability to do both physical and mental work.
- _____ 4- Bicycle riders should ride on the right hand side of the road.
- _____ 5- The spinal cord is the center of the nervous system.
- _____ 6- The body senses may be called informers or collectors of information.
- _____ 7- Safety may be planned.
- _____ 8- The human body has only external senses.
- _____ 9- The mouth has no part to play in the digestion of our food.
- _____ 10-Narcotics are extremely habit forming.

PART III

MULTIPLE CHOICE: Underline the correct word in the parenthesis that will make the sentence complete.

- 1- The human factory produces (food-energy-cells).
- 2- In treating for shock it is best (to keep patient warm-to keep patient cool-to leave patient alone).
- 3- The (circulatory-respiratory-digestive) system takes care of eliminating wastes from the body.
- 4- The (calorie-BTU-centimeter) is used to measure the heat and energy value of foods.
- 5- The (motor-sensory-voluntary) nervous system carries messages to the central nervous system.
- 6- The portion of the body which acts as a temperature regulator is the (blood-skin-respiratory system).
- 7- Infantile Paralysis is thought to be spread by (flies-rats-mosquitoes).
- 8- Ways of doing things without thinking are called (characteristics-guidance-habits)
- 9- Pork is often infected by a worm which produces the disease (trichinosis-tularemia-typhus).

- 10-Tiny animal germs are called (bacteria-protozoa-virus).
- 11-A driver making a left turn should (extend his hand outward and upwards at an angle--extend his hand straight down--extend his hand in a horizontal line) from the car window.
- 12-Bleeding from a vein is best stopped by the use of a (compress-tourniquet-bandage).
- 13-When food mixes with oxygen we say it is (oxidized-digested-eliminated).
- 14-To insure the body of an adequate supply of calcium plenty of (lean meat-bananas-milk) is-are required.
- 15-A muscle that may be controlled at will is a-an (involuntary-voluntary-striated) muscle.

PART IV

COMPLETION: From the list of words given below choose the correct word that best completes the following sentences.

eggs, nucleus, vaccinate, Yellow Jack, D, tourniquet, larva, insects & animals, hydrochloric acid, quarantine, mental, cleanliness, A, foods, antibodies, milk, pupa, iron, narcotics, contact, lean meat, adult, first aid, carbon monoxide, artificial respiration, ventilation.

- 1- Two types of health are physical and _____.
- 2- _____ stopped the attempts of the French to build the Panama Canal.
- 3, 4, 5, 6- Four steps in the life cycle of a mosquito are _____, _____, _____, & _____.
- 7- The stomach contains glands that secrete _____ which aids in the digestion of foods eaten.
- 8- _____ is an excellent source of protein.
- 9- Providing fresh air inside a room is known as _____.
- 10- _____ is an essential part of hemoglobin.
- 11-Vitamin _____ is the sunshine vitamin.
- 12-Vitamin _____ is an important aid in preventing night blindness.
- 13-A _____ is an effective device to use in stopping arterial bleeding.
- 14- _____ is the process by which a drowning or asphyxiated person may be made to breath.
- 15- _____ are habit forming drugs which certain racketeers try to induce young people to start using.
- 16- _____ is the poisonous gas found in the exhaust fumes from gasoline engines.
- 17-The immediate attention given a sick or an injured person until the services of a physician may be obtained is called _____.
- 18, 19, 20- Germs are spread in the following manner; _____, _____, & _____.
- 21-The center of any cell is the _____.
- 22-The blood contains _____ which prepare the germs that enter the body for an easier attack by the white corpuscles.
- 23-A _____ is the time during which the movement of persons is restricted to prevent the spread of a contagious disease.
- 24-When doctors _____ an individual they give him a mild form of the disease they are trying to build an immunity from.
- 25- _____ is one of the best methods of preventing disease.